

Emergency Contact Sheet

In a life-threatening emergency, call your local emergency number first (911 in the US, 112 in much of Europe). This sheet is for the people and details needed after that call.

PRIMARY CONTACTS

Parent / Guardian 1

Parent / Guardian 1 – phone

Parent / Guardian 2

Parent / Guardian 2 – phone

Nearby emergency contact

Neighbor

MEDICAL

Doctor / Pediatrician

Doctor's phone

Preferred hospital

Insurance / policy number

Allergies

Medications

HOUSEHOLD & SERVICES

Home address

Home phone

Poison control

Other (vet, school, etc.)
